# **GC MRC Enrollment Update**

During an emergency situation we may practice to the limits of our training and sometimes even exceed those limits by necessity. Having a robust community based and updated list of licensed volunteers will greatly enhance our communities emergency preparedness and shorten the time from the event through the period of recovery. Send an email, fax, or letter to update your contact information.

Title/Licens		Total
Title/Licens		Total
CAN	1	
CDA	1	
DO	5	
LPN	6	
Lt Col	1	
MD	19	
MS,RN	3	
NP	3	
PA	1	
PA-C	2	
Ph.D,	1	
R.Ph.	1	
RN	62	
RN, BS	1	
Blank	12	
Not tallied	28	
Grand Total	147	

**Greene County MRC** Volunteers as of 9/14/05 147 Total 46 Potential Katrina 18 of 36 Registered for Katrina

Total Activated 2 Dayton 1 Baton-Rouge

## Weather — Myths and Truths

### **Myths and Truths About Tornados**

MYTH: Areas near lakes, rivers and If an underground shelter is not mountains are safe from tornadoes.

TRUTH: No place is safe from tornadoes. A tornado near Yellowstone National Park left a path of destruction up and down a 10,000 foot mountain.

MYTH: The low pressure with a tor- Stay away from windows. nado causes buildings to "explode" as the tornado passes overhead.

TRUTH: Violent winds and debris slamming into buildings cause most structural damage.

MYTH: Windows should be opened before a tornado approaches to equalize pressure and minimize damage.

TRUTH: Leave the windows alone. The most important action is to immediately go to a safe shelter.

MYTH: If you are driving and a tornado is sighted, you should turn and drive at right angles to the storm.

TRUTH: The best thing to do is to seek the best available shelter. Many people are injured or killed when remaining in their vehicles.

MYTH: People caught in the open should seek shelter under highway overpasses.

TRUTH: Take shelter in a sturdy reinforced building if at all possible. Overpasses, ditches, and culverts may provide limited protection from a tornado, but your risk will be greatly reduced by moving inside a strong building.

#### Tornado Safety /Rules

In a home or building, move to a pre-designated shelter, such as a basement.

available, move to a small interior room or hallway on the lowest floor and get under a sturdy piece of furniture.

Put as many walls as possible between you and the outside.

Get out of automobiles.

Do not try to outrun a tornado in your car; instead, leave it immediately for safe shelter.

If caught outside or in a vehicle, lie flat in a nearby ditch or depression and cover your head with your hands.

Be aware of flying debris. Flying debris from tornadoes causes most fatalities and injuries.

Mobile homes, even if tied down, offer little protection from tornadoes. You should leave a mobile home and go to the lowest floor of a sturdy nearby building or a storm shelter.



1974 Xenia Tornado

## Flu Vaccine

Every Medical Reserve Corp volunteer should make sure their up to date on their immunizations. The Greene County Combined Health District will be offering flu vaccinations at:

Immunizations for Polio;
Hepatitis B; Chicken Pox;
Prevnar; MMR (measles,
mumps, rubella); HIB
(Haemophilus, influenza type
b); and DTaP (diphtheria, pertussis, tetanus) are also available. No appointment is necessary. For additional information contact Greene
County Combined Health District, Immunization Clinic,
(937) 374-5600 or 1-866-8583588, extension 5668.

#### <u>FLU VACCINE CLINICS</u>

#### 541 Ledbetter Rd, Xenia:

- Monday 10/24/05
- Tuesday 10/25/05
- Wednesday 10/26/05
- Thursday 10/27/05
- 130 East Church St, Xenia:
- Monday 10/31/05
- 227 Xenia, Ave, Yellow Springs
- Monday 10/31/05
- 325 North 3rd St, FairbornWednesday 11/2/05
- 1498 West Spring Valley-Paintersville Rd, Spring Valley
- Thursday 11/03/05
- 3868 Dayton Xenia Rd, Beavercreek
- 11/04/05

# Introductory MRC Training for Volunteers

Introduction to Medical Reserve Corps Training will be conducted at the Menapace Center's Frankenfield Auditorium at the Greene Memorial Hospital on

- Thursday October 20, 2005 from 4:30 to 7:00 p.m. and
- Friday October 21, 2005 from 4:00 to 6:00 p.m.

This is for new volunteers who have not yet had the introductory course.

Additional content has been added as related to the Hurricane Katrina national relief effort.

If volunteers who have had the introductory course would like to take the train-the-trainer course, please contact the MRC Coordinator at

Department of Health and Human Services Centers for Disease Control and Prevention

# Interim Immunization Recommendations for Emergency Responders: Hurricane Katrina

#### Required immunizations:

Tetanus and diphtheria toxoid (receipt of primary series, and Td booster within 10 years)

Hepatitis B vaccine series for persons who will be performing direct patient care or otherwise expected to have contact with bodily fluids

# There is no indication for the following vaccines given the anticipated conditions in the region:

hepatitis A vaccine (low probability of exposure, even under these conditions, in U.S.) No transmission from contaminated water has been identified in the U.S. since the 1980's. Hepatitis A outbreaks have not occurred following other hurricanes or floods in other parts of the country, including the devastating hurricanes in Florida last year, and the Midwestern floods of the late

1990's. The Gulf Region has had few hepatitis A cases in recent years, with less than 10 in the past 3 months reported from the New Or-

leans area. Thus, even though the water and sewage systems are damaged or out of operation in many areas along the Gulf Coast, the risk of a hepatitis A epidemic is extremely low. Vaccine will take at least one to two weeks to provide substantial immediates.

vide substantial immunity.

typhoid vaccine (low probability of exposure, even under these conditions, in U.S. ).

cholera vaccine (low probability of exposure, even under these conditions, in U.S. , plus no licensed cholera vaccine available in the U.S. ).

meningococcal vaccine (no expectation of increased risk of meningococcal disease among emergency responders).

"Required immunizations: Tetanus and diphtheria ... Hepatitis B... no indication for ... hepatitis A vaccine ... typhoid ... cholera ... meningococcal ... rabies ..."

rabies vaccine series (the full series is required for protection). Persons who are exposed to potentially rabid animals should be evaluated and receive standard postexposure pro-

phylaxis, as clinically appropriate.

Recommendations from CDC as of September 1, 2005

For additional information contact Greene County Combined Health District, Immunization Clinic, (937) 374-5600 or 1-866-858-3588, extension 5668.

# Greene County Medical Reserve Corps



## **Greene County Combined Health District**

360 Wilson Drive • Xenia, Ohio 45385 (937) 374-5600 telephone (937) 374-5675 fax www.gcchd.org



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#### Notes

- Mark you calendar for November 9, 2005 for the Fairborn Holiday Inn MRC Dinner from 5 to 9 p.m.
- Check out www.gcchd.org for MRC links.
- Complete the online course Introduction to Disaster Services Course at http:// www2.redcross.org/donate/ volunteer/ as soon as possible.
- Introduction to MRC Training on October 20, 2005
   4:30-7:00 p.m. and October 21, 2005 4:00-6:30 p.m.



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**Process** 

# Greene County MRC Volunteer Aids Hurricane Katrina Survivors



The American Red Cross opened up several Service Centers to receive Hurricane Katrina survivors coming into the Dayton Area. The Solid Rock Church was opened up but subsequently closed Monday 9/13/05 due to no arrivals. The Westminster Presbyterian Church in Dayton is currently processing 25 to 35 persons per day with approximately 5 to 12 cases per day opened for health services relief. The status and relationship as evacuees were not disclosed.

Peggy Berry, the Dayton American Red Cross Disaster Health Services Relief Director, states that she still needs medical personnel to assist in the local American Red Cross effort.

Greene County Medical Reserve Corps Volunteer Nurse Marlene Steele was screening evacuees when we visited her at the ARC Service Center. Her efforts include basic surveillance of evacuees for health related issues and referrals.

Call the Greene County Medical Reserve Corps Coordinators, Don Brannen or Amy Schmitt at (937) 374-5600 or email at mrcgreene@gcchd.org to offer to help the local ARC Service Center.



Greene County Medical Reserve Corps Nurse Volunteer Nurse Marlene Steele at the American Red Cross Westminster Presbyterian Church Service Center on

# List of Items to Prepare for Deployment

Relief workers should try to pack to be as self sufficient as possible and only bring those items necessary for their trip. A basic travel health kit, available commercially, as well as toiletries, clothing, items for daily living activities, and se-

curity items. The list is available online at http://www.cdc.gov/travel/other/hurricane/hurricane\_relief\_workers.htm or by contacting your local MRC Coordinator.



GREENE COUNTY MEDICAL RESERVE CORPS GREENE COUNTY COMBINED HEALTH DISTRICT 360 WILSON DRIVE XENIA, OHIO 45385

### **Katrina Relief Effort MRC Volunteer Process**

To date we've mailed out 36 registration packets to interested Medical Reserve Corps volunteers. New MRC volunteers who have expressed an interest in volunteering for the Hurricane Katrina Relief Effort (HKRE) have been emailed forms or downloaded them from the www.gccchd.org web site. Just follow the MRC links to the forms. Those forms can now be faxed directly to the national MRC/ American Red Cross Liaison Desk for the HKRE to 1-800-967-4314. Previously we were having the packets sent directly to 1-937-374-5675 because the national desk fax was overwhelmed during the week following Katrina. The new national fax is an email fax 1-800-967-4314. Those volunteers should send in a GCMRC volunteer form first before faxing the form to the national fax number. The national fax number is for MRC volunteers to participate in Katrina relief efforts and should not be released to the general public. One frequent question we have had about the ARC forms is what does DHSR stand for. It stands for Disaster Health Services Relief. Please complete all forms as completely as possible.

The Department of Health and Human Services and/or the American Red Cross will contact you directly with information about preparing for travel, assignments, and orientation. The packets sent out so far have asked volunteers to complete the online course Introduction to Disaster Services Course at http://www2.redcross.org/donate/volunteer/ as soon as possible.

www.gcchd.org



Download Katrina Relief Packets from **www.gcchd.org** and fax packets to 1-800-967-4314